

Watershed Management

1. Integrated Watershed Management

- 1.1 Watershed as a management unit
- 1.2 Watershed characteristics: Soil, Geology, Climate, Landuse, Land capability, Socio-economic and Geomorphology
- 1.3 Objective, Approach and Scope of Integrated watershed management (WM)
- 1.4 Concept of integrated watershed management from a mountain ecosystems perspective
- 1.5 Present status of soil conservation and watershed management in Nepal
- 1.6 Role of GOs and NGOs in on-going programs and research in WM

2. Application of Hydrology in Watershed Management

- 2.1 Water and energy budgets and cycles
- 2.2 Ecosystems perspective of the hydrologic cycle
- 2.3 Slope hydrology, runoff generation and drainage networks
- 2.4 Quantitative hydrologic methods (return period; frequency analysis; probability; time series analyses)

3. Land Problems in Nepal

- 3.1 Soil properties and moisture (physical, biological, chemical)
- 3.2 Erosion mechanisms in mountain ecosystems
- 3.3 Water and wind erosion (process perspective for modeling)
- 3.4 Mass movement (soil slumping, mud flows, landslides, soil creep)
- 3.5 Soil fertility and productivity decline
- 3.6 Flood and water logging
- 3.7 Desertification

4. Land Use Impacts on Watershed Degradation

- 4.1 Land use types and features
- 4.2 Agricultural impacts (farming practices, systems and cropping patterns)
- 4.3 Grazing impacts (vegetation, erosion, hydrological)
- 4.4 Forest degradation
- 4.5 Soil degradation
- 4.6 Land use changes (cause/effect relationships)
- 4.7 Road/trail construction and slope instability

5. Watershed Rehabilitation Techniques

- 5.1 Rehabilitation and reclamation principles and approaches
- 5.2 Reclamation of degraded soils (fertility, salinity/sodicity, acidity/alkalinity, organic matter)
- 5.3 Major land rehabilitation techniques (mechanical, vegetative, and bio-engineering including its functions and Interaction between vegetative & engineering system)
- 5.4 Ecosystems approach to rehabilitation (Churia example; W.A.T.E.R., DSCWM strategy)
- 5.5 Upstream-downstream linkages
- 5.6 Indigenous Technology Knowledge (Soil conservation, Nutrient management/soil fertility, Soil classification system)

6. Watershed Management Program and Activities in Nepal

- 6.1 Management approach taken by DSCWM, User group / Conservation committee, Community development group / Committee model farmer
- 6.2 Development strategies to enhance local management capacity
Ownership building, In-situ institution
- 6.3 Soil conservation program and activities adopted by DSCWM
 - 6.3.1 Landuse planning
 - 6.3.2 Productivity conservation
 - 6.3.3 Natural hazard prevention
 - 6.3.4 Infra-structure protection
 - 6.3.5 Conservation extension
 - 6.3.6 Income generation activities
- 6.4 Legal consideration
 - 6.4.1 Land tenure
 - 6.4.2 Water laws in Nepal
 - 6.4.3 Soil and Watershed Conservation Act, 1982
 - 6.4.4 Soil and Watershed Conservation Regulation, 1985
 - 6.4.5 Other legislation related with the Protected Areas

7. Water Quality and Management

- 7.1 Water quality standards and criteria (for different uses)
- 7.2 Total maximum daily loads standards (TMDLS)
- 7.3 Water quality monitoring and assessment (principles and processes)
- 7.4 Water quality problems (point and non-point source pollution)
- 7.5 Water quality management (source and headwater protection)
- 7.6 Water harvesting, ground water recharge and Springshed management

8. GIS/RS Applications in Watershed Management

- 8.1 Concepts and principles
- 8.2 Geographical information system and RS software
- 8.3 Applications in Geological interpretation (emphasis on rock types, drainage pattern), Soil interpretation and classification, Road location, Water resource application
- 8.4 Land use and land cover mapping
- 8.5 Temporal change detection
- 8.6 Interpretation of remote sensing imageries for natural resource management
- 8.7 Environmental Impacts Assessment application

9. Soil Erosion and Watershed Modeling

- 9.1 Spatial and temporal considerations in modeling
- 9.2 Model types (empirical/process-based; continuous/event-based; lumped/distributed)
- 9.3 Scale issues in modeling processes
- 9.4 Examples of major model types (RUSLE, WEPP, EPIC, SWAT)
- 9.5 Advantages/disadvantages of model types
- 9.6 Comparative modeling and field experimentation

10. Watershed Monitoring and Research

- 10.1 Erosion Process and monitoring (Erodibility of soil and Erosivity of rainfall)
- 10.2 Spatial and temporal scale of watershed monitoring and research (plot, sub watershed, catchment; event: daily, monthly, annual, etc.)
- 10.3 Hydrological instrumentation and measurements (precipitation, surface runoff, subsurface flow, infiltration, evapo-transpiration)
- 10.4 Soil and landscape processes
- 10.5 Soil fertility and nutrient status and management
- 10.6 Research approach, assessment of needs and priorities
- 10.7 Field experimental design and implementation (plot, paired catchments, etc.)

11. Watershed Analysis and Project Planning

- 11.1 Watershed analysis methods
- 11.2 Watershed resources interactions (biological, physical, human) and conditions assessment
- 11.3 The project cycle
- 11.4 Socio-economic aspects of watershed projects (analysis tools and methods; case studies)
- 11.5 Institutional consideration in design
- 11.6 Project design
- 11.7 Appraisal of alternatives
- 11.8 Design of implementation plan
- 11.9 Monitoring and evaluation procedures
- 11.10 Plan preparation